

My Botox Diary

Patient: **Sample Patient**

Birth Date: 1/1/1982

Botox Injection Date: 11/18/2021

Doctor: Robert Eller

Adductor Spasmodic Dysphonia

27 entries

Date		My Spasmodic Dysphonia Symptoms	My Vocal Tremor	My Swallow Problems	My Voice Quality	Comment
11/18/21 Thu	Before injection	Can Hardly Talk	No Symptoms	No Problems	Can Hardly Talk	
11/19/21 Fri	24 Hours after injection	Mild Symptoms	No Symptoms	No Problems	Mild Symptoms	
11/20/21 Sat	48 Hours after injection	No Symptoms	No Symptoms	No Problems	A Little Weak/Breathy	
11/21/21 Sun	Day 3	No Symptoms	No Symptoms	No Problems	A Little Weak/Breathy	
11/22/21 Mon	Day 4	No Symptoms	No Symptoms	No Problems	A Little Weak/Breathy	
11/23/21 Tue	Day 5	No Symptoms	No Symptoms	No Problems	Very Weak/Breathy	difficult to cough
11/24/21 Wed	Day 6	No Symptoms	No Symptoms	No Problems	Very Weak/Breathy	difficult to cough
11/25/21 Thu	Day 7	No Symptoms	No Symptoms	No Problems	Very Weak/Breathy	difficult to cough
11/26/21 Fri	Day 8	No Symptoms	No Symptoms	No Problems	Very Weak/Breathy	difficult to cough
11/27/21 Sat	Day 9	No Symptoms	No Symptoms	No Problems	Very Weak/Breathy	difficult to cough
11/28/21 Sun	Day 10	No Symptoms	No Symptoms	No Problems	Very Weak/Breathy	difficult to cough
11/29/21 Mon	Day 11	No Symptoms	No Symptoms	No Problems	Very Weak/Breathy	difficult to cough
11/30/21 Tue	Day 12	No Symptoms	No Symptoms	No Problems	A Little Weak/Breathy	
12/01/21 Wed	Day 13	No Symptoms	No Symptoms	No Problems	A Little Weak/Breathy	
12/02/21 Thu	Week 2	No Symptoms	No Symptoms	No Problems	A Little Weak/Breathy	
12/09/21 Thu	Week 3	No Symptoms	No Symptoms	No Problems	Normal	very slightly breathy
12/16/21 Thu	Week 4	No Symptoms	No Symptoms	No Problems	Normal	very slightly breathy
12/23/21 Thu	Week 5	No Symptoms	No Symptoms	No Problems	Normal	
12/30/21 Thu	Week 6	No Symptoms	No Symptoms	No Problems	Normal	
1/06/22 Thu	Week 7	No Symptoms	No Symptoms	No Problems	Normal	
1/13/22 Thu	Week 8	No Symptoms	No Symptoms	No Problems	Normal	
1/20/22 Thu	Week 9	No Symptoms	No Symptoms	No Problems	Normal	
1/27/22 Thu	Week 10	No Symptoms	No Symptoms	No Problems	Normal	
2/03/22 Thu	Week 11	Mild Symptoms	No Symptoms	No Problems	Mild Symptoms	
2/10/22 Thu	Week 12	Mild Symptoms	No Symptoms	No Problems	Mild Symptoms	
2/17/22 Thu	Week 13	Mild Symptoms	No Symptoms	No Problems	Mild Symptoms	

2/24/22 Thu	Week 14	Mild Symptoms	No Symptoms	No Problems	Mild Symptoms	
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